

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Weekly total miles	Weekly fundraising total
						1 Good luck		
2	3	4	5	6	7	8		
9	10	11	12	13	14	15 Halfway there		
16	17	18	19	20	21	22		
23	24 Last week	25	26	27	28 You've got this	29		
30	31							

Congratulations, you did it!



Stroke Association is a Company Limited by Guarantee, registered in England and Wales (No 61274). Registered office: Stroke Association House, 240 City Road, London EC1V 2PR. Registered as a Charity in England and Wales (No 211015) and in Scotland (SC037789). Also registered in the Isle of Man (No 945) and Jersey (No 221), and operating as a charity in Northern Ireland.

